



MyLife

Advocacy

easy read



What is Advocacy?



Advocacy is when someone expresses your views for you. This could be in a meeting or around a subject you struggle with.



How could advocacy help?



With your permission an advocate could write letters for you, make phone calls, attend meetings, offer emotional support, help you access information.



An advocate cannot be a substitute for a carer, offer judgment or advice or represent you legally in court



We are Independent Care Act Advocates and can help you with things related to the care act 2014



This could be a review, safeguarding, care planning or if you reach 18 and are transitioning to adult care.



We are there for YOU only and will not do anything without your agreement.

