

Programme of Activities Standish site



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Morning</p> <ul style="list-style-type: none"> • My Life choir • Sewing • Horticulture <p>Afternoon</p> <ul style="list-style-type: none"> • Comedy Club • Country crafts • Horticulture 	<p>Morning</p> <ul style="list-style-type: none"> • Woodwork and construction • Doggy day care • Model railway • Cake decorating • Event planning <p>Afternoon</p> <ul style="list-style-type: none"> • Woodwork and construction • Doggy day care • Singing and dancing (musical theatre) 	<p>Morning</p> <ul style="list-style-type: none"> • My Life breakfast club • Floristry/textiles/crafts • Horticulture • Animal care • Woodwork and construction <p>Afternoon</p> <ul style="list-style-type: none"> • Arts and crafts • Horticulture • Animal care • Woodwork and construction 	<p>Morning</p> <ul style="list-style-type: none"> • Sensory activities • Friendship group • Doggy day care • Horticulture • Woodwork and maintenance skills <p>Afternoon</p> <ul style="list-style-type: none"> • Indoor/outdoor adventure • Doggy day care • Horticulture • Street dance <p>Evening</p> <ul style="list-style-type: none"> • Dance Yourself Fit 5.15pm to 6pm, £3 per person • Drama Club (all ages) 7pm to 9pm, £5 per person 	<p>Morning</p> <ul style="list-style-type: none"> • Doggy day care • Drama • Construction and maintenance skills <p>Afternoon</p> <ul style="list-style-type: none"> • Quiz • Singing and dancing • Construction and maintenance skills • Doggy day care 	<p>10am to 12 noon (all ages)</p> <ul style="list-style-type: none"> • Animal Magic - learn all about our animals, for just £5 (members), or £6 (non-members). <i>Please note that this session is currently subject to change following guidance from DEFRA on bird flu. Please phone in normal office hours to check.</i> • Pottery Class - just £3 per person



Full or half-day sessions - support can be provided, if needed.
 Morning session: 10am to 12.30pm. Afternoon session: 1.30pm to 4pm.
 All sessions held at My Life, Thompson House Equestrian Centre, off Pepper Lane, Standish, Wigan, WN6 0PP.
 Bring your own lunch or buy from our cafe.

To book, phone 01257 472900 or email info@my-life.org.uk