

# HARVEST MOON

The Harvest Moon is here and it's time to celebrate life. Through song, poetry, books, film, artisan creativity, growing and the warm glow of autumn light up your life with this wonderful programme.

## ANIMAL CARE

Start a journey towards building up a successful country farm learning about how animals adapt to the autumnal season

## GROWING TOGETHER

Learn about sustainable gardening practices, exchange gardening tips, and take part in hands-on activities like planting seeds and tending to our gardens.

## HARVEST MOON MARKET

Explore a vibrant marketplace showcasing locally grown produce, handcrafted goods, and unique artisanal products.

## PERFORMANCE & PROP MAKING

Create characters, plots and scenes centred around the beautiful autumn season.

## FITNESS IN NATURE

Connect your mind, body, and spirit with a rejuvenating outdoor yoga and other activity sessions amidst the beauty of nature.

## CATERING & HOSPITALITY PATHWAY

Discover the art of culinary creativity as you learn new recipes, cooking techniques, and how to incorporate fresh, harvested ingredients into delicious dishes.

## ARTISAN CREATIVITY

Unleash your artistic talents with various crafting activities such as pottery, painting, or sculpture.

## NATURE WALK

Take a guided tour through our scenic trails, observe the natural world around you, and appreciate the wonders of the local ecosystem



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Drama & Performing Arts	Animal & Equestrian Care	Football with Martin Music with Alan	Football with Martin Dog Walk Health & Nutrition Creative Arts	Dog Walk Health & Nutrition Big Lunch
PM	Mindfulness & Yoga with Tiffany	Glow Aerobics	Fitness & Nutrition	Fitness & Nutrition Ready, Steady, Cook!	Duke of Edinburgh Karaoke & Quiz
ALL DAY	Fitness & Nutrition Catering & Hospitality Animal & Equestrian Care Creative Arts	Dog Walk and Doggie Day Care Creative Arts Woodworking Site Maintenance & Horticulture	Woodworking Site Maintenance & Horticulture	Dog Walk Health & Nutrition Woodworking Site Maintenance & Horticulture	Dog Walk and Doggie Day Care Animal & Equestrian Care Creative Arts