

# Need help filling in a PIP form?



## FREE WORKSHOP

Due to continued demand, My Life is re-running this **FREE** workshop for individuals, families, carers and advocates to help you understand the questions on your personal independence payment (PIP) application form more clearly and enable you to fill it in. Please bring the form with you and we will work through it together during the workshop.

The workshop will be on **Friday, 30 November 2018 from 10am until 12.30pm at Thompson House Equestrian Centre, Pepper Lane, Standish, Wigan, WN6 0PP**. Refreshments are provided and lunch is available to buy from our cafe.

To attend the workshop the person who needs help and support must meet the DWP eligibility criteria.

You must have a long-term health condition or disability and face difficulties with 'daily living' or getting around. You must have had these difficulties for three months and expect them to last for at least nine months, unless you are terminally ill (you don't expect to live more than six months). You may get the daily living component of PIP if you need help with things like:

- preparing or eating food
- washing, bathing and using the toilet
- dressing and undressing
- reading and communicating
- managing your medicines or treatments
- making decisions about money
- engaging with other people

You may get the mobility component of PIP if you need help going out or moving around. If you are unsure if you are eligible, still come along and we will work through this.

To book, phone **01257 472900** or email **info@my-life.org.uk**

